

The Dental Wellness Trust (DWT) is a charity dedicated to the promotion and improvement of oral health through dental wellness. Through its' LiveSmart Supervised Toothbrushing Programme and innovative research, the DWT is currently supporting over 9,000 children in South Africa and over 2,000 across London and Luton with expansion efforts ongoing. The DWT remains committed to oral health equality and devising innovative and sustainable solutions to the greatest challenges facing oral health worldwide.



**The UK has expanded to help more than 15,000 children**

**LiveSmart Programme Update**

Headed by Dr Saul Konviser, the DWT's LiveSmart Supervised Toothbrushing Programme is continuing with success across London and Luton. To date over 1,400 children are involved in the Programme across Luton and London schools and nurseries, with plans for expansion throughout the year.

**Training (Newham)**

Organised through Edwina Revel of The Early Start Group, the DWT conducted a Teacher's Training Session in Newham. The training consisted of representation from 18 Early Years settings including 26 members of staff from both nurseries and child minders which accounted for approximately 500 children who will soon be taking part in the DWT's LiveSmart Toothbrushing Programme.

**An Evening at Floral Street ...**

The Dental Wellness Trust was kindly invited to an event at Floral Street Covent Gardens in February.

A big thank you to Floral Street Founder and DWT supporter Michelle Feeney who kindly donated £194.00 from purchases made at the event.



Above Photo Credit:  
 Isabelle Johnson /London Early Years Foundation



**Global Updates: South Africa**

February saw an action-packed month for the Dental Wellness Trust in South Africa. The University of Western Cape (UWC) kindly hosted the Teacher's Conference, and the Johannesburg Teacher's Conference was hosted by Colgate in their offices in Johannesburg.

Following the official launch of the LiveSmart Toothbrushing Programme in Johannesburg in February 2019, at Colgate Head office, the DWT is now active within both the townships of Alexandria and Soweto. Currently, our Toothbrush Mamas and Papas are rolling out the programme. This will bring another 800 children much needed oral health and handwashing education, as well as access to soap, a toothbrush and toothpaste.

The Dental Wellness Trust is currently working on some new partnerships and initiatives in South Africa. Watch this space!

**ANNOUNCEMENT:** DWT Kenya is now operational. Updates coming soon.

**Patrons**  
**Professor Nairn Wilson** CBE, FKC, FDS  
**Baroness Helena Kennedy** QC

**Trustees**  
**Dr Linda Greenwall** BDS, MGDS, RCS, MSc, MRD RCS, FFGDP, FGDIP, BEM  
**Dr Mervyn Druian** BDS, LDS, DGDP, RCS  
**Dr Siobhan Hewson** BSc, AKC, BDS, MFDS  
**Dr Saul Konviser** BDS, MSc, BSc  
**Mr Chris Hewson** BSc, APFS, IMC  
**Ms Hilary Natoff** BA, ACA IIMR  
**Mr Mark Pleaner** LLB, BA  
**Mr Adam Levinton** MSc, BA  
**Dr Harriet Wright** BDS

**Charity Director**  
 Bianca De Bortoli

**Research Committee**  
**Dr Harriet Wright** BDS  
**Dr Jack McSweeney** BDS  
**Dr Easter Joury** BDS DOrth Msc PhD MFDSRCPs FHAe



## Saving Kid's Teeth

### Annual Dinner and Conference

The Dental Wellness Trust is proud to present announce the date and location for the 2019 Save the Kid's Teeth Dinner and Conference. The success seen in previous years brings the dinner and conference back to Lord's Cricket Ground on November 14-15.

The Conference will focus on Health and Aesthetics in Children with an incredible line up (see right).

For registration: [Rachel@dentalwellnesstrust.org](mailto:Rachel@dentalwellnesstrust.org)

DWT Dental Wellness Trust  
BDBS British Dental Bleaching Society

**Saving Kids Teeth Conference 2019**  
Health & Aesthetics

Lords Cricket Ground, St Johns Wood, London  
Friday 15th November 2019

**Professor Kevin Donly**  
President of the American Academy of Paediatric Dentistry  
D.D.S., M.S.  
Enamel Microabrasion and Bleaching in Children

**Dr Linda Greenwall**  
Founder of the DWT  
BDS MGDS RCS MSc MEd RCS FGDP FCD RCSEd  
New Strategies for making a difference - minimal invasive techniques for treating under 18's

**Miss Kathy Harley**  
Consultant in Paediatric Dentistry FDS  
RCS Glasg. FDS RCS Eng. FDS RCS Edin.  
MSc Lond. BSc Lond.  
Enamel defects and associated treatments

**Dr Siobhan Barry**  
Consultant in Paediatric Dentistry  
BDS NIJ (Cort), MFDS RCS Dub, M Paed Dent Glasgow, DClin Dent (University of Leeds), FDS (Paed Dent), RCS (Glasg)  
The high caries risk child - management implications

SDI Your Smile. Our Vision. HENRY SCHEIN DENTAL DMG BLANCONE rodericks limited Colgate DDU

### Intern Update: Cape Town Dental Elective

In August another group of dental students are travelling to Cape Town to volunteer with the Dental Wellness Trust. This year we currently have five students from King's College London Dental Institute that are participating in our Internship Programme. They will be taking part in a range of activities as part of the Dental Wellness Trust, and also taking time to explore South Africa.

Predominantly based in Khayelitsha, a township on the outskirts of Cape Town where Mavis is based along with the other Mamas, the students will learn about the LiveSmart project when spending time with the Mamas and will be taking part in a research project. The Dental Wellness Trust is passionate about ensuring the resources we invest in the community are producing the most positive outcome.

Over the past few years previous Interns have spent time with Professor Myburgh at the University of the Western Cape. It is here that they are able to observe the South African dental students, and also join the oral surgery clinics providing treatment to the local population.

We look forward to following the five interns on their journey and the impact they have on the community.



### IADR 2019 - Canada

Our WellFlair Research Study is focused on a group on 660 children between 2 schools in the township of Mfuleni near Cape Town. The fluoride-varnish study involves the children who are participating in the DWT LiveSmart Supervised Toothbrushing Programme with half of them receiving the Flairesse varnish on a quarterly basis. As part of the DWT's emphasis on capacity-building and sustainability, 8 Toothbrush Mamas have been taught how to apply the fluoride varnish using a flossing technique between the teeth; an innovative approach to oral health. The findings (to date) along with the abstract was submitted to the International Association for Dental Research (IADR) and will be presented at their annual conference in Vancouver between June 19-22 2019 by Dr Harriet Wright.