



# Dental Wellness Trust

## Welcome to our Winter Newsletter for 2016

The Dental Wellness Trust have had a busy year. We have over 5200 children attending our livesmart programmes, which with the help of donations we are looking to increase to 10,000 next year.

The Dental Wellness Trust and its advisors have submitted two research papers to the IADR.

Also we hosted a special 2 hour lecture called " Saving Kids Teeth" where 6 leading Dental Professionals gave talks in how we as Dentists can help improve children oral health.

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## Saving Kids Teeth lecture Thursday 3rd November 2016

The Dental wellness Trust hosted a 2 hour lecture at Portcullis house on Thursday 3rd November. The lecture was to highlight and discuss why over 45000 children are being admitted to hospital for dental extractions each year?. Hosted by Sir Paul Beresford, Dr Claire Stevens a Pediatric Dentist, and writer of toothfairy blog, Professor Nairn Wilson Honorary Professor of Dentistry and president of the british dental association, Professor Jenny Gallagher Hon consultant in Dental Public Health Kings, Dr Jennifer Rodgers consultant in Dental public health Forth Valley Scotland, Dr Linda Greenwall DWT founder and specialists Dentist and Dr Milad Shadrooh whom is talking the internet but storm with his singing dentist youtube videos. All lectured on how we can improve our children teeth, and stop these hospital admissions. The event was closed with Dr Sara Hurley Chief Dental Officer. The evening was very well received and has paved the way for a 2 day event which we will be hosting in November 2017 at Lords Cricket Ground.



### Dental Wellness Trust

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## LiveSmart Graduation October 2016

Over in South Africa The Dental Wellness Trust have a programme called Livesmart, where "mamas" teach the children of the townships of Cape Town how to brush their teeth, wash their hands and basic socially safety. Over 5200 children attend daily to brush their teeth and wash their hands with clean water, something which we can take for granted. Each year the Dental Wellness trust holds a graduation ceremony to congratulate the children for all the hard work and effort. The numbers are grow each year and we hope to reach 10,000 children next year. We had some great support from Pick n Pay, Shoprite, HCI.....whom all donated food/drink or granted funds towards the graduation. A extra special thank you goes to pick and pay whom have raised 90000 R which will go towards the progressing with the Livesmart programmes.



## Mitzvah Day

Last year the school children of ..... wrote letters and sent gifts to the children in the townships in South Africa for Mitzvah Day. Mitzvah is a hebrew word meaning "commandment" - a good deed done from religious duty. This year the children are busy writing letters and compiling gift bags to give to the children in the Livesmart programmes. Small acts for kindness and generosity goes far for the children of the townships.



## BACD Edinburgh Friday 11th November 2016

The BACD held a fundraising evening for the Dental Wellness Trust on Friday 11th November during their hugely popular 3 day lecture. The BACD raised £4355.26 Which the dental wellness trust are investing into their programmes, Mega Molars and Good Deed. The Dental Wellness Trust would like to give their appreciation to The BACD for all their support.



## Mega Molars 2017

The *Mega Molars* project is an educational and supervised brushing programme designed to tackle dental decay and to instil good habits in children. The educational element of the programme involves teams of dental health professionals going into schools to carry out workshops to teach children how to care for their teeth and sessions for parents designed to teach them how to care for their children's teeth. The supervised brushing part of the project involves sessions carried out by local coordinators, primarily health and family workers, in the schools. We are busy working on relaunching the mega molars in 2017



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