

Dental Wellness Trust

The DWT President's Dinner 2014

inspired by Mandela



The DWT President's Dinner 2014

Silent auction item opens

Welcome by Dr Linda Greenwall BDS, MGDS, RCS,
MSc, MRD RCS, FFFDP

Address by Professor Nairn Wilson CBI FKC, FDS

Award Ceremony

After dinner speech by Gillian Slovo

Silent auction winners announced

Vote of Thanks

Menu

Starters

Sole and salmon roulade with sea greens citrus jelly and baby leaves

New season asparagus, beurre blanc and toasted brioche (v)

Mains

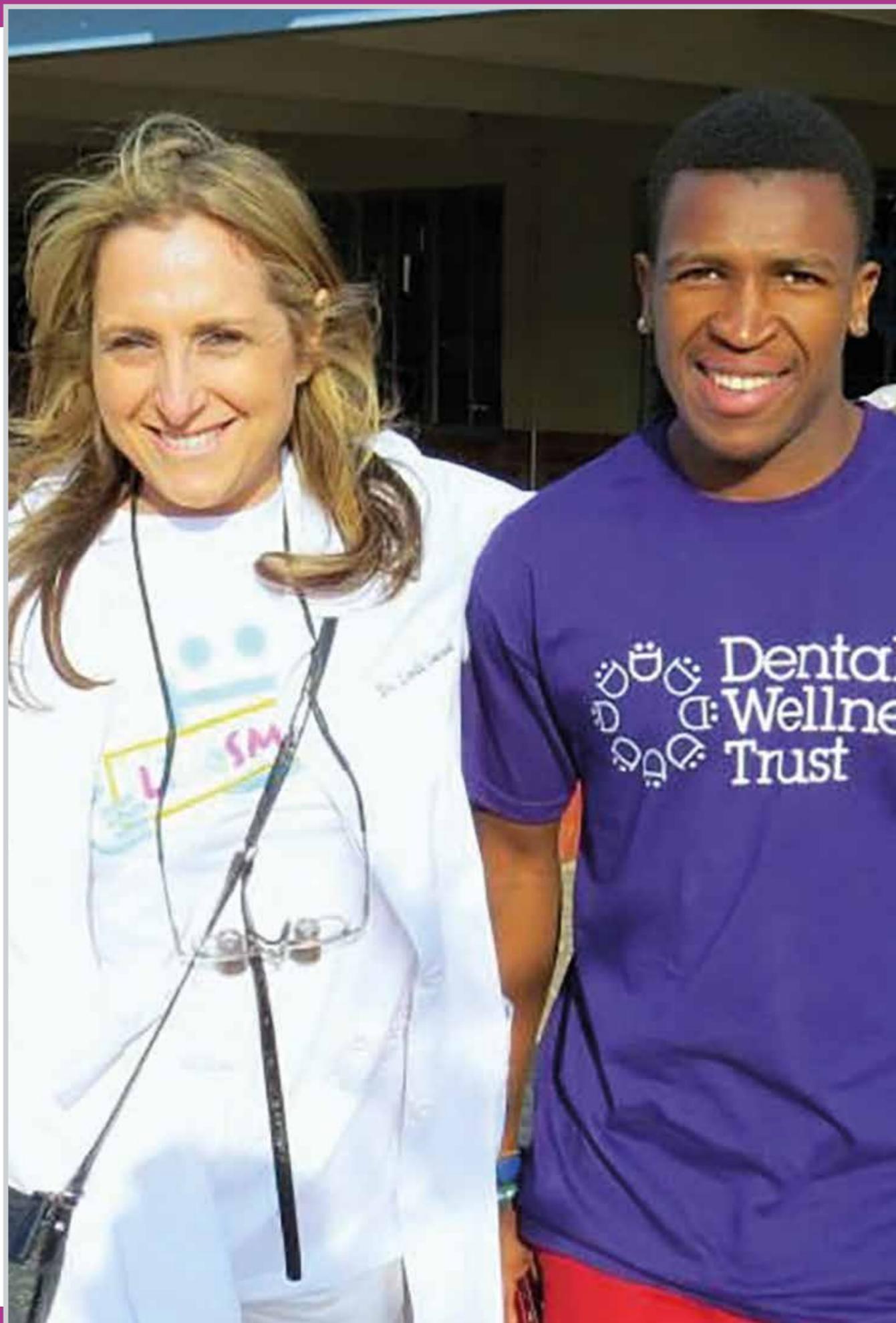
Breast of chicken and confit leg crisp chicken skin and pea
and broad bean salsa

Squash ravioli with scallions and vegetable broth and sweet potato chips (v)

Dessert

Summer berry terrine with prosecco sabayon and tuille

Apple and cider syllabub with mini tatin and vanilla ice cream



Dear Friends

Thank you for attending this year's 2014 Dental Wellness Trust President's Dinner which has been inspired by President Nelson Mandela. We welcome Gillian Slovo who will share with her family's memories of their friendship with Nelson Mandela. You will hear that the Dental Wellness Trust activities are continuing to grow and expand. In order to do so we need your help which is essential and integral to supporting the vital work that we do.

We have introduced a supervised tooth brushing programme, Called the LiveSmart programme into 6 schools in the Townships of Western Cape namely Khayalitcha and Gugulethu. This programme which includes daily hand washing and tooth brushing has been very well received by the teachers and children and they enjoy their brushing during school. The children and teachers are proud of the progress that they have made in implementing the brushing programme and the daily brushing has given the children a sense of purpose. The teachers continue to be trained and we are expanding the programme to more schools. I would like to thank Dr Alon Livny from Hadassah School of Dental Medicine, Jerusalem for his help, dedication and commitment in conducting the Dental Wellness Trust research studies and for his guidance and expertise in expanding the LiveSmart supervised tooth brushing programme to more schools throughout the townships of Cape Town.

This past year, we have given out thousands of toothbrushes to the homeless in London during Crisis for Christmas, to school children in Luton, to residents and carers in elderly care homes in London, to children in the Western Cape, South Africa, Ghana, Uganda, Kenya, Israel and Odessa in the Ukraine.

We continue to promote wellness through oral health and have expanded our outreach activities as well. We have just completed an outreach programme during the IADR conference which was held in Cape Town, this was the first time the IADR was held in Africa. During the conference, 20 dentists from 17 countries took part in helping the children in our tooth brushing programme to gain access to dental care. After screening the children, treatment plans were undertaken to provide restorative treatment, fissures seals and varnish to the teeth. We are immensely grateful for the collaboration with the University of the Western Cape Dental School, Professor Attie Louw, Dean Yusuf Osman and Professor Neil Myburgh. We would also like to thank Colgate South Africa who provided their mobile dental unit and drove it over 1000 miles to Cape Town in order to provide dental treatment for 300 children over 2 days. We are very grateful to our sponsors who provided dental materials for the outreach programme namely DMG, Henry Schein Dental, Dental Warehouse, SDI Australia. In addition we wish to thank Marc Lubner, Delia Engel and all the team at Afrika Tikkun where the outreach programme was held for their wonderful help and assistance received during this programme. I would also like to thank Helen Lieberman and Lulama Sigasana from Ikamva Labanta for their collaborative efforts in implementing the brushing programme.

One of the teachers, Mavis Nonkongozelo Phahlindlela in the LiveSmart Tooth brushing programme came to see me after a few months of undertaking the brushing. She wanted to help more children in the evening at her home. The evening LiveSmart club was launched and has 100 children in three groups go to her home and undertake tooth brushing and hand washing and in addition she teaches the children personal safety. This takes place from 5-6.30 pm every evening. In the past three months, Mavis has now expanded the evening LiveSmart Club to 15 sites and 500 further children. We are excited that she has travelled to London to be here tonight as she is an inspiration to us all.

I would like to thank my family for their love and support during the many hours it has taken to develop and expand the LiveSmart programmes. There is still much work to be done! We cannot do it without your help. Please give generously tonight to help the Dental Wellness Trust impact thousands more lives.

With my best wishes

Linda Greenwall

Linda Greenwall
Founder Dental Wellness Trust



Colleagues, friends, ladies and gentlemen,

Welcome to the Dental Wellness Trust President's Dinner inspired by the late Nelson Mandela.

Building on the philosophy of Nelson Mandela that "Education is the most powerful weapon which you can use to change the world", the Dental Wellness Trust is dedicated to improving the oral health of disadvantaged and vulnerable people through education to heighten awareness of the "how" and "why" of oral health. Through improvements in oral health, individuals may enjoy enhanced general health and wellbeing – qualities of life which should be a right rather than a privilege.

As one of the Patrons of the Dental Wellness Trust, I am delighted to support and, wherever possible, facilitate the activities of the Trust. Your attendance at this dinner, the proceeds of which will make a huge difference to countless individuals, is greatly appreciated. But, please do not limit your support of the Dental Wellness Trust to this evening. If there are other ways in which you can help the Trust to realise its goal, do not hesitate to contact Linda Greenwall – the driving force behind the Trust, to volunteer, contribute expertise or otherwise assist the Dental Wellness Trust team.

I very much hope that you enjoy this President's Dinner. Be inspired, as the Trust has been inspired by Nelson Mandela, and help give people less fortunate than you the opportunity to enjoy and benefit from improved oral health – enhanced ability and confidence to eat, speak and smile with confidence and without pain and discomfort, let alone the fear of becoming dentally disabled, or having life threatening oral cancer go undiagnosed, let alone treated.

Thank you on behalf of the Dental Wellness Trust for your generous support. Kindest regards,

Nairn Wilson - Patron, Dental Wellness Trust



Dear Linda

Once again I must congratulate you on the amazing work you do as the Dental Wellness Trust. It is work that is much needed and an area on which few focus attention.

As you know I travel all over Africa in my role as an International Development Minister. I broke a tooth in Malawi – where I was told there was only one dentist! It is so hard for us in the United Kingdom to imagine the lack of capacity that exists in other parts of the world. So your work building clinics in Townships to provide affordable dental care is vitally important.

Perhaps even more important is the work the Dental Wellness Trust does in prevention – with your Live Smart after school clubs and tooth brushing programmes in schools.

You should be very proud of all that you have achieved – and will achieve.

I wish you a very successful evening and am so sorry I cannot be with you.

Kindest Regards

Lynne Featherstone MP
Parliamentary Under Secretary Department of International Development



most politicians, seemed to say what he believed, and to do what he said he would.

For those of us who knew Mandela there was an added dimension of loss – of the man himself but also of the times he lived through, and a remembering of the people he had worked with who had helped make him great. I was one of these. A daughter of two of Mandela's closest comrades, my childhood in South Africa was spent amongst those who not only wanted to change their world but eventually succeeded. Those titans of the ANC, Nelson Mandela and also men like Walter Sisulu and Oliver Tambo were part of my wider family, and I was part of theirs.

How wonderful, therefore, to come and talk about that man, and that world I was privileged to witness, and in such a good cause.

Gillian Slovo

Gillian Slovo is a South African born novelist. She has published thirteen books including her best selling family memoir *Every Secret Thing*, her orange prize shortlisted novel *Ice Road*, which was set in Leningrad in the 1930s, and her novel *Red Dust* which was subsequently made into a film starring Hilary Swank and Chiwetel Ejiofor. Her latest published novel *And Honourable Man* is set around the death of General Gordon in Khartoum.

She is now working on a new novel which will be a thriller set in a fictional riot. She has written two plays: *Guantanamo*, *Honor Bound to Defend Freedom* which started in Kilburn's Tricycle Theatre before moving to the west-end and subsequently playing in, amongst other cities New York, Washington DC, Chicago, San Francisco and Stockholm; and *The Riots* a verbatim play about the 2011 riots which played in the Tricycle and then the Bernie Grant Arts theatre. She also compiled the verbatim inserts for the *Women, Power and Politics* series of plays for the Tricycle.

A fellow of the Royal Society of Literature, Gillian is also a former President of English PEN, a post she held for three years. A daughter of two well known anti-apartheid activists, Joe Slovo and Ruth First, Gillian has written extensively on South Africa for the *Guardian* and *Financial Times*. She is also a regular on Radio 4's *Saturday Review* show.



It's a great pleasure – and an honour – to be able to help welcome supporters of the Dental Wellness Trust to this evening's dinner.

The work of the DWT is making a real difference in people's lives by addressing one of the world's most serious, and most often overlooked, public health challenges. Its contribution is especially important because deficits in dental-health provision tend disproportionately to affect the very young and the elderly.

Your presence here tonight, and your support for DWT, are indispensable to taking the work of the charity forward, and bringing the help it provides to an even greater number of people.

I'm particularly moved, on a personal level, by the work being done in areas like Khayelitsha, in South Africa. As a foreign correspondent, I covered the country during its apartheid-era state of emergency in the 1980s. I returned as a television correspondent to interview then-President F. W. de Klerk as he embarked on the move away from apartheid, and again when Nelson Mandela was released from prison.

I recognise, at first hand, the importance and huge benefit of the political changes begun by Mr de Klerk and, crucially, put in place by Nelson Mandela. I also know that in order for the process of change to be fully redeemed, much more remains to be done to improve the lives of millions of South Africans. I am sure that the work of DWT will continue to play its part in achieving this.

Again, welcome. And enjoy the evening.

Ned Temko

Ned Temko was born in Washington DC and worked as a foreign correspondent for 15 years before moving to London at the beginning of the 1990s. He was based in Lisbon, Brussels, Beirut, Moscow, Jerusalem and Johannesburg.

Among other major news stories, he covered the Lebanese civil war, the US embassy hostage crisis in revolutionary Iran, the beginning of the end of Soviet Communism, the fall of the Berlin Wall and the release of Nelson Mandela from prison in South Africa. In London, he was editor of the *Jewish Chronicle* for 15 years before moving to *The Observer* as its Chief Political Correspondent.



Greetings and Welcome to the Dental Wellness Trust President's Dinner.

What a privilege it is to be able to change people's lives through their oral health.

Dental Wellness Trust has had a dramatic and successful year with your help in teaching children both in the U.K. and abroad to achieve and attain improved oral health.

Thank you for supporting Dental Wellness Trust by attending this outstanding event.

Merwyn Druian

Hon Treasurer & Trustee D.W.T.



As a Trustee of the Dental Wellness Trust I welcome you to this second Annual Dinner.

Good oral health is a basic need for all people. Moreover, it has been shown that it is an important factor in maintaining good general health. Whilst we in the more developed countries take this for granted there are vast areas of the world where this is non-existent.

The aim of this Trust is to help these unfortunate people to by proving basic needs. With the help of the Dental Trade we are providing toothbrushes, toothpaste and even soap. In addition through our volunteers we provide tooth brushing and washing instruction. Not surprisingly these are taken up with great enthusiasm particularly the children.

But all this needs money so I appeal to you to give generously tonight. A lot of unfortunate people will be eternally grateful to you.

I hope you will have a most enjoyable evening

Ellis Paul

Trustee



Afrika Tikkun is indeed a rather unique organisation in so far as it recognises that the only way to develop children living in impoverished conditions is to deliver on a holistic model, which engages with infants through to youth such that the end result is one where employment ultimately breaks the cycle of poverty.

The activities of the organisation embrace support of these children through Early Childhood Development, Youth Development Programs, career guidance, job readiness training and ultimately placements.

The organisation provides a platform where community buy in, on site management and first world M&E and reporting is affected, whilst encouraging the participation of partners who have expertise in services to offer from this platform. The symbiotic relationship between Afrika Tikkun and the Dental Wellness Trust reflects a natural fit when viewed in this context.

The DWT brings not only toothbrushes and toothpaste but more importantly an intellect and focus that can be offered to ensure dental hygiene to the many thousands of individuals that utilise the infrastructure that Afrika Tikkun has built. Afrika Tikkun provides overarching general management but our teams cannot be expected to be experts in every regard and that is where the DWT becomes so critically important. The recent outreach program directed and driven by the DWT, with the support of Afrika Tikkun onsite management, proves just how successful these partnerships can be. It is a magical moment when our two worlds meld to unlock value greater than we could achieve separately.

We are exceptionally grateful for the support we have received in addressing a very important part of life for those who have not had the opportunity to be exposed to the importance of dental hygiene and wellness.

Our heartfelt thanks to Linda and the entire team, who provided such professional and compassionate care. We look forward to extending our relationship for many years to come and I thank each of the attendees for making this possible.

Kind regards,

Mare Lubner

CEO, Afrika Tikkun

Nelson Mandela Peace Park,

The Hague Avenue,
The Hague,
Delft 7100,
South Africa



www.afrikatikkun.org



Dear Guests,

Dental Wellness Trust is doing amazing work in the townships of Cape Town. We at Ikamva Labantu would like to extend our deepest gratitude to Alon, Linda and their team for teaching our early childhood development (ECD) teachers and principals about the importance of dental hygiene.

With the steady supply of toothpaste and toothbrushes, the passionate involvement of Linda and those that she gathered around her, we are convinced that the Dental Wellness Trust will bring much needed education and assistance to our beloved children in South Africa's townships.

In gratitude and many blessings,

Helen Lieberman

Founder and Honorary President
Ikamva Labantu



Hills Building, Buchanan Square,
160 Sir Lowry Road,
Woodstock 7925,
PO Box 165, Cape Town 8000



הפקולטה לרפואת שיניים
FACULTY OF DENTAL MEDICINE

המחלקה לרפואת שיניים קהילתית
DEPARTMENT OF COMMUNITY DENTISTRY

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THE HEBREW UNIVERSITY-HADASSAH SCHOOL OF DENTAL MEDICINE FOUNDED BY THE ALPHA OMEGA FRATERNITY

A message to the attendees of the Dental Wellness Trust Dinner



Good evening to all of you!

Welcome to the Dental Wellness Trust dinner!

I am most happy to be here again! At the previous dinner, in June 2012, I was two years younger, and so was the trust. Looking back on these two years, I am happy and proud to see how we both grew up nicely, and accomplished many things in the name of doing wellness for people through oral health...

Two years ago, I highlighted the projects I coordinate in Jerusalem, the city I work in, promoting oral health of two underserved populations – elderly and immigrants from Ethiopia.

Since then, while continuing these two projects, I am now involved deeply in two projects in Cape Town – promoting oral health in an old age home, and mainly promoting the oral health of preschool children in the townships, through establishing a supervised toothbrushing programme, and following and evaluating its implementation and effectiveness.

The toothbrushing programme has been running for no more than one year, but I can already see what positive change it is doing, both for the children and their environment. We can see how the teachers are involved, all supporting this intervention, and so enthusiastic about moving it forward. Tonight you will have the chance to meet Mavis, one of these educators, and one of the most inspiring people I have ever met, whose work during this year deserves lot of admiration.

This dinner is dedicated to President Mandela, a great man with an inspiring vision and leadership. Having visited South Africa four times during these two years, I can better understand the situation that he had to face in his country, and what efforts and leadership was needed to make the change he brought. I admire his vision, and believe that the work the Dental Wellness Trust is doing in Cape Town follows his way and ideas, by closing gaps between rich and poor, black and white, and helping to make the world a better place.

My involvement in these projects gives me a lot of satisfaction and hope. Promoting these communities' health means better life, better chances, and better future. Hope.

Your support for maintaining and even improving these projects will be highly appreciated by the receiving communities.

I wish you all a pleasant evening

Dr. Alon Livny

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Dr. Edwin L.C. Scher is a registered specialist (GDC) in Oral Surgery and Prosthodontics. He has been running Osseointegrated Implant Courses for the past 23 years and continues to maintain a thriving private practice committed to Implant Restoration in Central London.

Dr. Eddie Scher is a Visiting Professor at the Temple University in Philadelphia (USA), Senior Lecturer at Salford University and a lecturer at the Eastman Dental Institute. He is Editor in Chief of Implant dentistry Today.

Topics Covered:

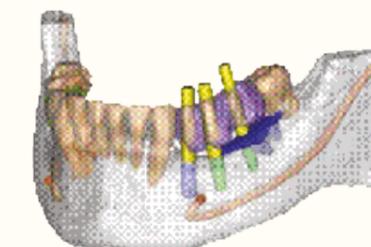
Diagnosis and Treatment Planning
Anatomy, physiology
Bio materials
Sterility
Surgical techniques - bone augmentation
Live surgeries
Impressions
Jaw registration / articulation
Perio:maintenance - procedure,
tissue regeneration
Connecting teeth to implants
Literature review
Treatment planning exercises

Guest Speakers:

Dr Maria Retzepi
Dr Andrew Darwood
Dr Peter Gordon
Barry Chandler of I.D.T
Keith Rowe
Dr Alan Cohen
Alison Hudson

Fee

The fee is £3,500 to cover cost of instruction, literature and all meals.
Full mentoring for implant case incurs additional fees.



For contact details

Dianne
Practice Manager
The Walpole Street Practice
16 Walpole Street, Chelsea
London, SW3 4QP
+44 (0) 207 584 9833
email: reception@walpolestreetdental.co.uk
url: <http://www.dental-implants.co.uk>

Eligibility

This course is suitable for the application of all different Osseointegrated implant systems. Delegates who complete the course are eligible for the ICOI Fellowship without further examination. This course carries 70 hours of CPD accreditation.



Having just graduated from King's College London with my BDS, I am also proud to say that I have been a volunteer for the DWT for a couple of years and now also recently appointed a board member.

I would therefore like to warmly welcome you to what promises to be a fantastic evening.

I was incredibly fortunate to have carried out my elective placement in Cape Town last summer where I helped on two incredible projects that the DWT has been setting up. These were a supervised toothbrushing programme aimed at 4-6yr old children in the townships and an oral health education programme at an elderly care home.

I have seen first hand how your incredible generosity is making a significant difference to people's lives however to ensure these programmes go on to become sustainable and benefit the wider communities, we must continue to support them.

By empowering people with knowledge on good oral health, we are also enabling them to make healthy choices which will positively impact their general wellbeing.

Thank you so much for supporting the DWT this evening and I hope you have a wonderful time.

Saul Konwiser



As the Dental Wellness Trust as Student Liaison and Ambassador I welcome you all tonight on behalf of all the students linked with the DWT. I wish you a wonderful evening ahead.

After an elective at Hampstead Healthcare, under the supervision of Dr Linda Greenwall and her fantastic team, I was lucky enough to have been donated hundreds of adult and children's toothbrushes by the Dental Wellness Trust for a trip to Ghana with Global Brigades, a student led organization. Dental and Medical students were able to use their growing skills for the greater good and aid those less fortunate.

Spending a summer with the community members of Abwaka, north of the capital Accra, was a life changing experience. Giving oral and public health education involved demonstrating all the natural habits members of privileged countries already know including how to brush, why we brush and when to brush. There was such a lack of oral hygiene knowledge and each patient was donated a Dental Wellness Trust toothbrush with appropriate instructions.

The Dental Wellness Trust aided such a wonderful experience which I would love to discuss further with those who are interested or alternatively take a visit to www.dentalwellnesstrust.com and read my full account of the experience in Ghana. I now urge you all to get involved as much as possible to help this inspiring charity grow. Dig deep and ensure you all enjoy what promises to be a fabulous evening.

Shivana Anand

Student Liaison

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www.gooddeed.info

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TOOTHBRUSH WE
WILL GIVE ONE
TO A CHILD IN NEED

The Dental Wellness Trust has teamed up with Henry Schein Dental, CTS Dental Supplies and Whitewash Laboratories to launch the Good Deed brand.

These competitively priced brushes allow dentists and consumers to do a good deed every time they sell or buy a brush. For each Good Deed brush sold, a brush will be given to a child somewhere who has no access to a toothbrush normally.

We are aiming to give 3 million toothbrushes to children over the course of the next year.

The brushes will be available to dentists to sell to patients in their practices. Please see the order forms for pricing and how to order your Good Deed brushes.



www.dentalwellnesstrust.org
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The Dental Wellness Trust – promoting wellness through oral health

The Trust's overarching mission is to educate and treat the underprivileged in an effort to improve the oral health and wellbeing of people with little or no access to basic oral healthcare.

Integrated health is the essence of our work. The promotion of oral health is integral to one's general health and quality of life. We also believe that every person has a right of access to basic oral healthcare. The World Health Organisation has declared that oral health is a basic human right.

Tooth decay and gum disease are mostly preventable through maintaining good oral hygiene. Working closely with partnership organisations in a number of global locations, the trust delivers innovative preventative-oriented educational programmes to empower people to take control of their oral health. This forms part of a general health routine, which helps them to lead a life of dignity and free from pain.

Integrated Health

A more holistic and 'horizontal' approach to public health is being advocated, highlighting the importance of health as a whole rather than looking at oral health in isolation.

Oral health is a serious public health concern. Oral disease can have considerable impact on both individuals and communities in terms of pain and suffering, and reduced quality of life. This is particularly a problem globally among disadvantaged and poor populations.

Dental Wellness Trust Programmes

South Africa

The Dental Wellness Trust continues to work with its partners in the Dental Wellness Western Cape Action Group. These organizations are established in Cape Town and work from a grassroots level to support local communities.

- Supervised Brushing

In April 2013 the Dental Wellness Cape Town Action Group initiated the first stage of the pilot oral health education programme in Khayelitsha, Cape Town. On 4th April, 19 teachers and healthcare workers were trained as tooth-brushing supervisors. The first initial screening of 250 children began on 8th April. Carried out over 6 months, children were provided with a toothbrush at school, and participated in daily supervised tooth brushing sessions. The objective was to assess whether the programme makes a measurable difference to the oral health of children in the township.

The pilot study was a success and it has been rolled out to now be implemented at 6 schools. We have trained scores of teachers and healthcare workers who are supervising toothbrushing sessions each morning in schools.

The Dental Wellness Trust is also working in townships near Cape Town to deliver after school LiveSmart clubs for children without access to toothpaste, toothbrushes and soap. The first one was started by one of the supervising teachers – Mavis Phahlindlela. We call her the Township Toothfairy. She started her own club and it quickly expanded to have over 100 children attending each day.

These clubs teach the children 4 important things:

1. Brush your teeth
2. Eat a healthy diet
3. Wash your hands
4. Stay safe in the township

Mavis has now helped other people to start their own clubs, and there are now 5 LiveSmart evening clubs plus a LiveSmart football team! Mavis' story is truly inspirational.

- Highlands House

At Highlands House elderly care home, the DWT donated toothbrushes to carers and Dr Linda Greenwall and Dr Alon Livny delivered an oral health education workshop to instruct carers how to keep residents' mouths healthy. This raised awareness of oral health issues and has led to the DWT working together with Highlands House to begin developing a health care strategy for elderly people.

We will be building a dental clinic at Highlands House, similar to the ones at Hammerson House (see below). This will be an international study and research centre where dentists and students from around the world will attend and volunteer. The centre has been approved to be an Alliance for Health Across Borders site.

- Outreach Events

In April 2014 Dr Greenwall took part in the Rotary South Africa family health day in Khayelitsha township. Along with our intern Frederick Lambert, Linda screened and gave dental health advice to children and adults.

In June 2014 we attended the International Association for Dental Research's conference in Cape Town where Drs Greenwall and Livny presented our supervised brushing research work to delegates. We ran a two day outreach programme to screen and treat children in the townships. This was part of the IADR conference and dentists from around the world volunteered to carry out the work, with 300 children being seen by the team.

All the children received education about oral health as well as a toothbrush. The event was a huge success and we plan to run a similar programme at the next IADR conference in 2015.

UK

- Hammerson House

The Dental Wellness Trust has been working with Hammerson House, an elderly care home in north London, to deliver training to staff and carers on how to best improve the oral health of residents.

We are planning to use Hammerson House in the future as a centre for study to improve care of the elderly by building two dental clinics and inviting dentists and students to volunteer, study dental care techniques and share best practice.

- School Outreach

For the past two years we have worked with young dentists in the Luton area to deliver educational sessions for children at primary schools. The children are taught about how to brush their teeth, take care of their oral health and what a visit to the dentist is like, as well as why it is so important.

Luton has a poor dental health profile, and the dentists who initiated the Mega Molars programme felt that they should give something back to the community. The kids get a chance to role play as well and look in each other's mouths using dental mirrors. At the most recent event in June 2014, about 140 children were all given goodie bags to take home with them.

- Homeless Outreach

The Dental Wellness Trust teamed up with Crisis at Christmas in December 2012 and 2013 to help improve the lives of homeless people in the UK. The annual event helps disadvantaged people to take ownership of their oral health. In partnership with the Dental Directory, the DWT donated 3,000 toothbrushes to Crisis at Christmas each year, ensuring that every visitor over the festive period received a toothbrush.

Ghana

The Dental Wellness Trust has continued to donate toothbrushes to Cardiff students who were taking part in Global Brigades. The group of students and medical professionals travelled to Ghana twice to set up temporary clinics where people could come and receive free medical treatment. We have donated over 1000 toothbrushes to the scheme to date.

Israel

We have donated hundreds of toothbrushes to the Ethiopian Refugee Project at Mivasset Tzion in Jerusalem. Mivasset Tzion is an immigration centre, which helps refugees to adapt and settle in Israel. Dr Alon Livny runs a dental programme at the centre, where students from Haddasah can volunteer to give immigrants oral health education, screen them for their dental health and carry out treatment.

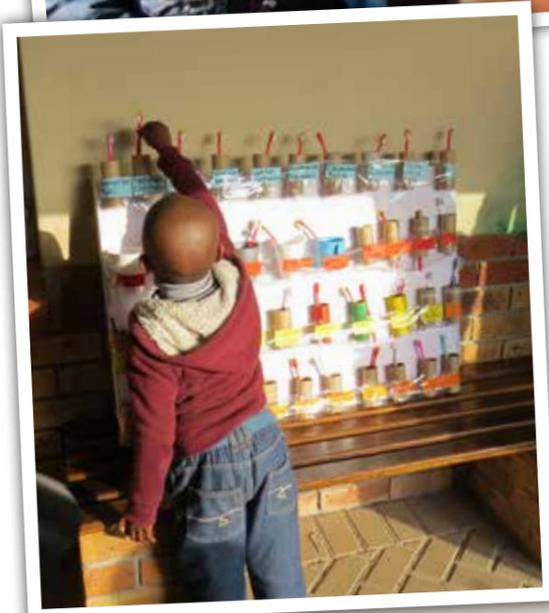
Good Deed

The Dental Wellness Trust is working with CTS Dental Supplies, Henry Schein Dental and Whitewash Laboratories to launch the Good Deed toothbrush brand. This follows the idea of 'buy one give one', which has been a huge success with other products.

The concept is that for each brush bought, we will give one to a child who needs one. This will not only provide a regular source of income to the Dental Wellness Trust, but it will also allow us to further our aim of providing millions of toothbrushes to children who desperately need them.

Partnerships

We are working with a number of charities and organisations, including Ikamva Labantu, Rotary South Africa, University of the Western Cape, Western Cape Government and Afrika Tikkun. Thank you to everyone who is helping us to change the lives of so many people.





FINCHLEY ROAD CEDAR ESTATES	CRICKLEWOOD CEDAR ESTATES	GOLDERS GREEN CEDAR ESTATES	BRONDESBURY CEDAR ESTATES
KILBURN CEDAR ESTATES	 Sales • Lettings • Management		PRIMROSE HILL CEDAR ESTATES
MARYLEBONE CEDAR ESTATES	ARE YOU THINKING OF SELLING YOUR PROPERTY? CALL OUR SALES MANAGER MARC BOURNE NOW ON 020 7431 1100 FOR YOUR FREE VALUATION AND TO TAKE ADVANTAGE OF OUR 0.99% FEE*		CHILDS HILL CEDAR ESTATES
ST. JOHN'S WOOD CEDAR ESTATES	<small>*TERMS & CONDITIONS APPLY</small>		HAMPSTEAD CEDAR ESTATES
SWISS COTTAGE CEDAR ESTATES	020 7431 1100 www.cedarestates.com		SOUTH HAMPSTEAD CEDAR ESTATES
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Hampstead Dental Specialists
DENTAL PRACTICE

Best wishes from the dental specialists at Hampstead Health Care:

Dr. Jude Ferreira, Endodontics
 Dr. Marina Arzoumanidi, Periodontics
 Dr. Pedro Santos Jorge, Oral Surgery and Implant Dentistry
 Dr. Rachel Wilson, Orthodontics

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We are used to being empowered in our modern lives. We aspire to live the way we want to and make choices about where to shop, what (and where) to eat, who to bank with, where we want to live; we can even choose which hospitals we want to use when we need care. In theory you can choose your NHS GP but in reality most people find it isn't that easy. Wouldn't it be good to have more power to choose who to trust as your personal health advisor, who you want to be that crucial first person you turn to when one of the family is ill?

You may get great care from your NHS GP, but getting an appointment may not always be easy, if possible at all. A recent survey* showed that 10% of patients (that's 34 million people) can't get an appointment with their GP when they need one, so being seen quickly when you need a doctor is of paramount importance to us. Health shouldn't have to wait.

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MyGPPlus gives you access to our own private clinics across London and you can book online, over the phone or through the app to arrange an appointment which will be within two working days at most – sooner if it's urgent.

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*2012/2013 GP Patient Survey, NHS



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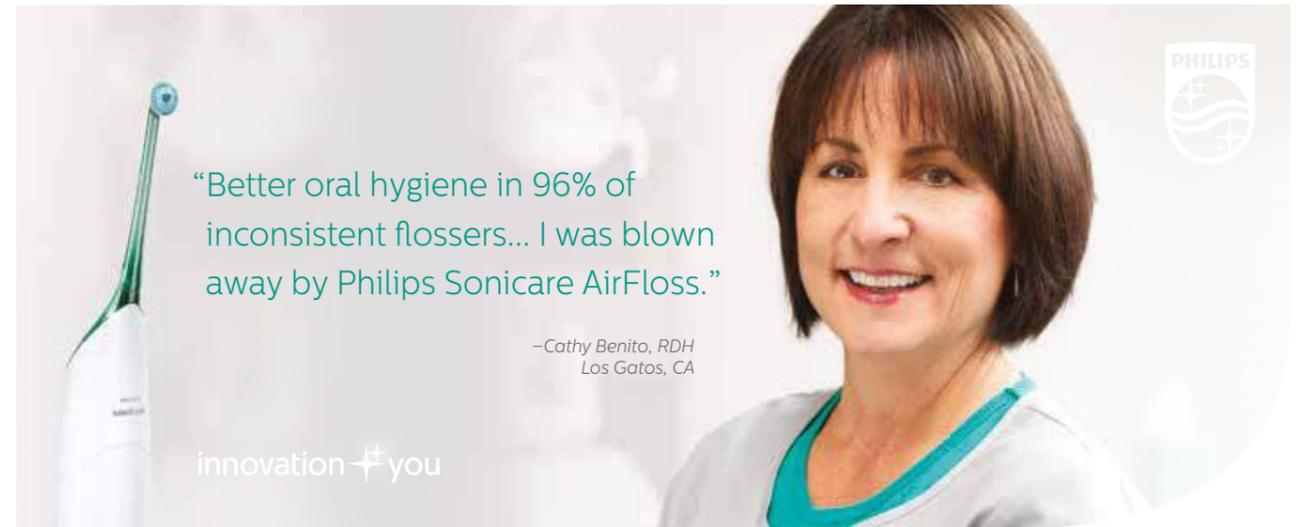
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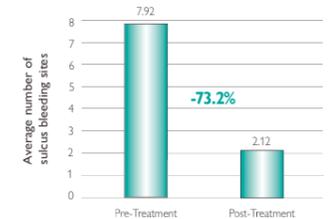
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