



INSIDE THIS

ISSUE:

- Calling all dental students!
- Inaugural Fundraising Dinner
- Dental Wellness Cape Town
- Dental Donations
- Rwanda Mission III
- Healthy Eating for Dental Wellness
- News from Hadassah
- Student Liaison update
- Find us on the web

Welcome to the first Dental Wellness Trust newsletter, by Dr Linda Greenwall

Dear Friend,

This year has been busy for the Dental Wellness Trust. Real progress has been made on our projects and we continually have new initiatives in development.

The FDI World Dental Federation maintains that as many as 75% of people across the globe have no access to the most basic of oral health care. With proven links between oral health and overall health – and recent research linking oral health to heart disease, diabetes, strokes and pregnancy problems – the work of the Dental Wellness Trust is designed to vastly improve the quality of life of the people it works with.

We are very excited to see how the charity is growing and would like to thank all our supporters. Without your help, none of this would be possible!

Calling all dental students!

Are you passionate about promoting oral health? Do you want to help disadvantaged people improve their wellbeing? Do you want to develop skills in fundraising, event management, communications, campaigning and oral health promotion?

Then become a Dental Wellness Trust Student Representative!

As a Student Representative you will be joining a network of DWT Student Representatives from dental schools across the country. The main aim of the role is to fundraise and promote the work of the Dental Wellness Trust at your university.

Contact emma@dentalwellnesstrust.org for more details.

Patrons

Professor Nairn Wilson CBE, FKC, FDS

Lord Colwyn
CBE, BDS, LDS, RCS

Baroness Helena Kennedy QC

Trustees

Dr Linda Greenwall
BDS, MGDS, RCS, MSc, MRD RCS, FFGDP

Dr Mervyn Druian
BDS, LDS, DGDP, RCS

Dr Ellis Paul
BDS, LDS, FFGDP, FICD

Dr Peter Galgut
BDS, LDS, MRD, RCS, MFGDP

Advisors

Dr Russ Ladwa
BDS, LDS, FFGDP, MGDSRCS, DGDP

Dr Alon Livny DMD, MPH

Dr Ilana Carno

Dr Eric Schaffer
BDS, LDS, MSc

Iain Corran
LLB, BDS, MA PgCert

Mentoring Advisor
Vernon Holt



Inaugural Fundraising Dinner 26th July



In July the British Dental Bleaching Society (BDBS) kindly hosted our inaugural fundraising dinner in support of the DWT at the Royal College of Surgeons of England.

In this magnificent setting, around 200 guests came together to celebrate and support the work of the DWT.

Keynote speakers included Professor Nairn Wilson, Charles Trace the Chairman of the Point Foundation, John Tiernan, and Vernon Holt.

Guests were also delighted by a surprise performance from the London African Gospel Choir.

All money raised will go towards our projects in the UK and abroad.

Overall the evening was a great success and we would like to thank everyone who gave their support.



Putting oral health on the agenda in

Cape Town

The Dental Wellness Trust has influenced a new oral health education initiative in South Africa.

In August Dr Linda Greenwall travelled to Cape Town to co-host an Oral Health Conference with Professor Neil Myburgh from the Faculty of Dentistry and WHO Collaborating Centre for Oral Health at the University of Western Cape. The objective of the conference was to discuss the oral health needs in the Western Cape

Province and to develop an oral health strategy. This was the first conference of its kind since the end of Apartheid.

According to the Western Cape Government, there are 8 1/2 million decayed teeth needing treatment.

Caries expectancy for 5 yr olds in the Western Cape is 77% compared to the National Mean of 51%. The level of DMFT (decayed missing filled teeth) in the Western



Cape among 5 and 6yr olds is almost double the National Mean (Louw 2007).

The Dental Wellness Trust is now partnering with the Philani Dental Clinic to implement an innovative oral health education programme in Khayelitsha, which is one of the largest townships in Cape Town. We aim to implement a pilot programme early in the New Year.

Linda will be travelling back to Cape Town in December to assess the progress of the project and lead it to the next stage.

“This was the first conference of its kind since the end of Apartheid”



Dental Donations



The Dental Wellness Trust is collecting donations of dental supplies for our projects.

We received a donation of more than 800 high quality dental instruments from DENTSPLY. The donated instruments all meet DENTSPLY's strict quality standards and carry their guarantee.

This donation has helped the Dental Wellness Trust in our mission to promote wellness through oral health.

Rwanda Mission III

We have received funding to sponsor another hygienist's trip to Rwanda. This project is part of our partnership with the Point Foundation.

In May Dr Itzy Weinberg, an Alpha Omega member from Zurich, travelled with a hygienist to the Noel Orphanage in Northern Rwanda and the Kimisagra Orphanage in the capital Kigali. They screened 1000 orphans to assess their dental needs. They also presented oral hygiene lessons for the children, as part of the Dental Wellness Trust's ethos of education prevention. The next mission to Rwanda was due to take place early in the New Year. This has now been postponed to the summer due to the tense political situation on the Rwandan/Congolese border. www.pointfoundation.co.uk

"we received a donation of more than 800 high quality dental instruments from DENTSPLY"

Healthy Eating for Dental Wellness

We are collecting healthy vegetarian recipes from chefs, celebrities and budding amateur cooks!



Our latest fundraising initiative is the 'Healthy Eating for Dental Wellness' vegetarian cookbook. The cookbook aims to promote healthy eating and will also feature advice from a nutritionist. All proceeds from the cookbook will go towards our projects in the UK and abroad. We already have contributions from two previous MasterChef winners, Mat Follas and Peter Bayless, as well as Annabel Karmel, the UK's leading writer on children's nutrition. If you would like to get involved in this exciting project, send your recipes with a photo of the dish to emma@dentalwellnesstrust.org

News from Hadassah, Hebrew University

We have been working in partnership with the Hadassah School of Dental Medicine at the Hebrew University to support the Ethiopian immigrant community.

There is a large Ethiopian immigrant community in Israel. Many of whom have never seen a dentist and have acute oral health problems. Our first project will train two Ethiopian immigrants as hygienists. This will enable them to use the

training process to support and give a service back to their community. The second project, the funding for a portable X-Ray machine, will also serve an essential role in community outreach projects. It will transform the care provided by dental professionals in hard-to-reach communities. This will have a significant impact on people's daily lives.





The Dental Wellness Trust is a London-based registered charity promoting dental wellness to less fortunate communities in the UK and abroad. We do this through the provision of innovative oral health education programmes and treatment for those in need.

Contact us

5 Elm Terrace
Constantine Road
London
NW3 2LL

Phone: 0207 267 7070

Fax: 0207 419 0123

E-mail: info@dentalwellnesstrust.com

Registered Charity 1145361

At the forefront of our work is the promotion of oral health, which is integral to one's general health and quality of life.

We believe that every person has a right of access to oral health care, and a life of dignity, free from pain. This is why the Dental Wellness Trust focuses on long term and sustainable preventative oral health strategies to help those in need.

Update from our Student Liaison, Shivana Anand

"The student network is growing! Linda and the Dental Wellness Trusts involvement in supporting those going on electives with advise or toothbrushes has been brilliant. This year DWT sponsored the trip to Ghana with Global Brigades Kings which proved to be very beneficial. Oral Hygiene education is not only the best part of electives but can be the most

useful if implemented correctly. Children being taught how to brush, when to brush and why we brush was the main focal point on the Ghana trip this year. The DWT sponsored over 200 toothbrushes two years running and the students are grateful for DWT support." (Shivana Anand, Student Liaison)



Kevin WanXin Luan in Ghana with Global Brigades

We're on the web!
www.dentalwellnesstrust.org



Find us on Facebook: [Dental Wellness Trust](https://www.facebook.com/DentalWellnessTrust)



Follow us on Twitter [@DentalWellTrust](https://twitter.com/DentalWellTrust)

Dental Wellness Trust—promoting wellness through oral health