

# Newsletter

VOLUME 5

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Dear Friend,

The last few months have been an extremely busy period at the Dental Wellness Trust! We have been making big plans to make sure 2015 is our best year yet. However, before telling you about all the exciting things coming up I should let you know about the excellent work we have been doing since our last newsletter.

In November last year I attended the first ever LiveSmart graduation ceremony in Khayelitsha in Cape Town.

Our hugely successful LiveSmart programme has now helped over 3000 children and I am hopeful this year we can more than double this number. Not just in Khayelitsha but by starting new LiveSmart programmes in other cities.

The ceremony was a huge success, after being greeted by a local brass band we were treated to traditional dancing from the children and ‘mamas’ who run the programme.

I also got the chance to visit several of the after school clubs that make up the core of the LiveSmart programme. Every time I visit one of these clubs I am inspired and humbled by the dedication of the supervisors – their selfless dedication helps make the LiveSmart programme so successful.

Best wishes,

Dr Linda Greenwall, Founder — Dental Wellness Trust



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## New approach for the Dental Wellness Trust—Campaigning!

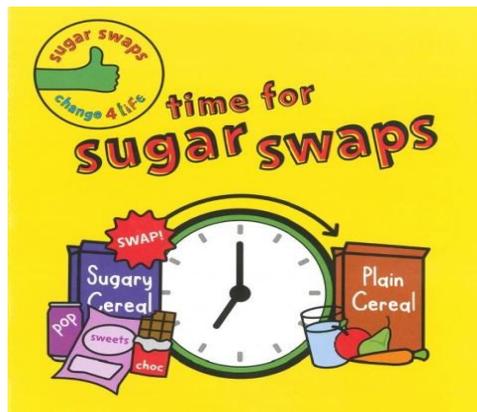
Oral health is a vital society wide issue. We at the Dental Wellness Trust know that it takes actions by all sectors of society to tackle health issues. That is why this year we have implemented a campaigning arm to our work. We have joined the Children's Food campaign, being run by Sustain and are campaigning for greater awareness of healthy eating and educating people about how to care for their teeth.

The campaign is a major initiative involving a number of charity and non-charity partners. The campaign aims to educate people and to pressure government to take action to tackle the rise in childhood obesity. The Dental Wellness Trust have joined the campaign to focus on the impact of sugar on dental health.

We are also raising awareness of Public Health England's Sugar Swap campaign that

shows easy steps families and individuals can take to reduce their sugar intake. For information on how to make simple swaps to reduce your sugar go to <https://sugarswaps.change4life.co.uk/>.

For more information on the campaign or for sugar swaps posters contact us at: [info@dentalwellnesstrust.org](mailto:info@dentalwellnesstrust.org).



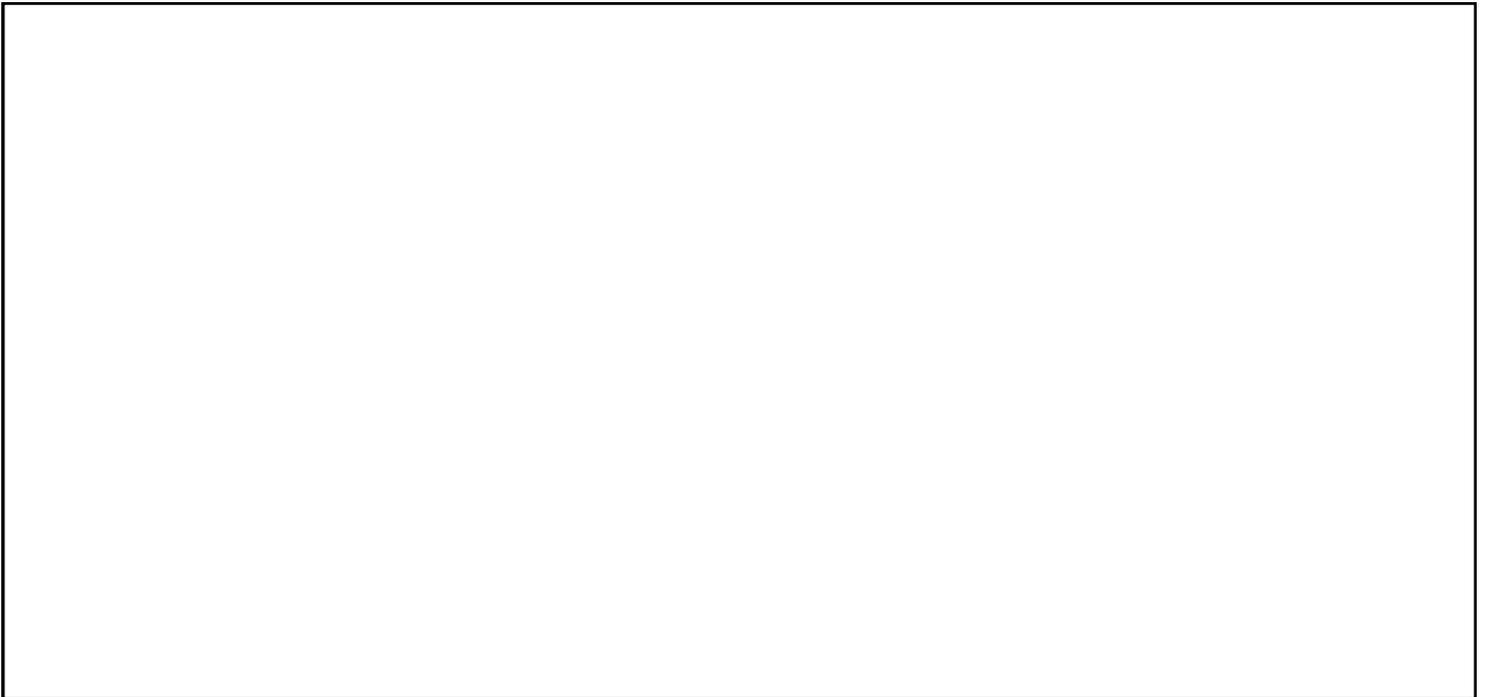
## DWT donates thousands of toothbrushes to the homeless

The homelessness charity Crisis ran their annual *Crisis at Christmas* appeal and for the third year running the Dental Wellness Trust played an important role in ensuring its success. The Dental Wellness Trust donated 2000 toothbrushes and toothpaste to the *Crisis at Christmas* appeal meaning that homeless and poorly housed people are able to care for their teeth. *Crisis at Christmas* is a hugely successful project that provides shelters at Christmas for the UK's homeless and poorly housed.

Leslie Morphy, Chief Executive of Crisis, said: *"Your generosity made a real difference to so many lives, and, with your continued support, we can together end homelessness...please extend our thanks to everyone at Dental Wellness Trust for their help and understanding for the many thousands of people who have no home"*

The first LiveSmart Graduation was held in November 2014. This was a huge day for the Dental Wellness trust and the children on the programme.

LiveSmart Graduation





The Dental Wellness Trust is a London-based registered charity promoting dental wellness to less fortunate communities in the UK and abroad.

At the forefront of our work is the promotion of oral health, which is integral to one's general health and quality of life.

## CONTACT US

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## Fundraising Dinner 2015- book your tickets now!

Following on from the success of last year's fundraising dinner we will again be hosting a dinner this year. Ticket will go fast so

The date and venue for the annual dinner have now been confirmed – the dinner will be on 29<sup>th</sup> October in the Cholmondeley Room at the House of Lords. This is a once in a life time opportunity to dine in one of the country's most exclusive venues.

Ticket are £150 and include a drinks reception and dinner. It is also possible to book an entire table. For tickets and information please email [info@dentalwellnesstrust.org](mailto:info@dentalwellnesstrust.org) or call on 020 7267 7070.

## Upcoming Events

Fill this with upcoming events when we have some dates finalised